

## Parveen Babi on UG

I must state a few facts about UG Krishnamurti here, because it is impossible to understand my case without knowing a little bit about UG and the facts of his enlightenment. The only word, which aptly describes UG, is **'perfect human-being'**.

UG is the most perfect human being I have met in my life and in the world. There is nothing apparently extraordinary about him. It is when you spend some time with him that you see the perfection operating. I have lived and traveled with UG and after being with him for a substantial period of time I realized that UG treats human beings as human beings—as the human beings should be treated: with respect, consideration, understanding, and compassion. I also realized that he treats everybody as his equal, whether the person is younger, poorer, richer or older. We all treat people as relations; either above us or below us; we do not treat people as our equals. UG treats people not as relations but as human beings, and as his equals. I had never known or experienced anybody treating human beings this way. I saw and experienced UG treat human beings with the respect and dignity human beings deserve. UG also treats each person, as one needs to be treated.

Every act which UG performs is the right act- the act which is morally right, ethically right, circumstantially right, right for the other people, and right for himself. This behavior comes naturally to UG He does not make deliberate effort to act this way. Nor is his behavior accompanied with the feeling that he is a special person, that his behavior is special and that he is doing people a favor by treating them with respect and dignity. This behavior is so natural and so unself-conscious that most people do not even recognize and notice that his behavior is perfect and that they are being treated in a very special way. Most people who come in contact with him do not even recognize these very special qualities about him. Not everybody can recognize perfection. To recognize perfection one has to have it's germ in oneself.

UG does not function according to the society's convenient definition of morality and ethics. He functions according to real morality and real ethics. In society we appoint morals and ethics according to our convenience. The real morality and ethics are not born out of convenience, they are born out of conscience. There is only one right thing, moral thing, and ethical thing, and every human being's conscience knows it.

Another most special quality of UG is that he never uses people for his personal gain. I have never seen him use people or take advantage of people. He does have social relationships of give and take, to be able to exist and function in the world, but he usually gives back much more than he receives.

UG's giving is the purest kind of giving. He gives without expecting anything back in return. He does not even expect gratitude. He gives because he feels like giving, because you deserve it, or because you need it. He gives so silently and so selflessly that often times

even the receiver does not realize that he has received. Often times he gives hurting his own interest. For instance, if it is good for the person to be told something which may make the person hate him, he goes ahead and tells it at the risk of losing the person's love, respect and friendship. If he feels it is necessary to state the bitter truth for the person's good, he states it. He can state the bitter truth because he does not mind losing the person's friendship, if it helps the person.

When UG advises an individual- and he rarely does—he advises the individual what is in the interest of individual alone. For instance, if he is a friend of a couple, and if he is advising the wife, he would advise her what is best for **her** even if it is contrary to the husband's interest. UG advises the individuals treating them as individuals, advising what is best for the individual alone. At the same time if he advises the husband, he would advise him what is best in his interest, even if it is contrary to wife's interest. UG is able to do this because he has no self-interest in any body. He wants nothing from any body; not even their friendship. While advising an individual he wants nothing more than what is best for the individual. This is the right, the purest and the best kind of advice. I have never seen anybody in the world risk their friendship, and advise the individual; what is truly best for the individual. This is another special and rare quality in UG

UG does not care what the world thinks or says about him. If it is the **right thing** to do, he will do it. The right thing being morally, ethically and circumstantially the right thing; a thing right for others and for himself.

There is nothing apparently extraordinary about his behavior, but for those who understand it, it is clear that it is the most special and extraordinary behavior. The only word that fits UG's behavior is "**Perfect and Perfection**". UG's behavior is the perfection functioning in day-to-day life and reality. UG's behavior is the most moral, the most ethical and the most spiritual and the most humane behavior in the truest sense of these words.

UG behaves not according to a pattern, a set of rules, or norms; he behaves responding to each particular situation in the way the situation demands. According to him, each situation is different because each situation contains different elements—no two situations are exactly the same even if they appear so, and therefore each situation demands unique and different treatment.

I have never seen UG take advantage of anybody, cheat anybody, mislead anybody, use anybody or take advantage of a person or situation for his personal gain even in the most insignificant way. Apart from UG I am afraid I cannot say this of anybody else I have come across in the world.

UG talks about the extraordinary 'Energy' he possesses and the extraordinary experience he has gone through. At the age of forty-nine he went through a physiological process which destroyed every cell in his body. At the end of this process he died clinically and was brought back to life. UG talks about this process of enlightenment not in spiritual terms, but in physiological terms, demystifying the whole process as much as possible. He explains that the state, which this process has brought him into—is mistakenly termed by all

the religious, mystical and spiritual scriptures as the Enlightenment. He states that the energy which has brought him into this state is a-causal, that there is no reason why this energy chooses to strike a certain individual. UG states that this energy is like the lightning, it strikes any person without a reason. According to UG there is no way of inviting this energy or preparing for this energy through any meditation, prayer, discipline, spiritual or religious practices. Once this energy hits you it transforms every cell in your body transforming you completely and forever. According to UG, such a person is an '**off-shoot mutant**' in the process of human evolution; such a person is much more evolved than the rest of the human race. UG demystifies the entire concept and process of enlightenment, explaining it in physiological, clinical and scientific terms.

To the people who come to see him and talk with-- most of whom come wanting and seeking enlightenment-- his advice is that it is not possible for anybody to get it by any means; therefore to stop wasting their lives searching for enlightenment; and to make money and lead a happy, comfortable, and well-adjusted life in the society.

As far as this energy of enlightenment is concerned UG states that there is **NOTHING** in the universe that this energy cannot do, that this energy can perform any miracle. UG states that this energy is supposed to be all knowing, all seeing, omni-present, omni-potent and supremely intelligent. The man who possesses this energy has no will left to use this energy for any purpose. If anybody is to benefit from this energy that individual has to draw it out of the person who possesses it, by having faith in it, or by being deserving.

The possessor of this energy becomes capable of feeling other person's thoughts. Such a person becomes so sensitive that he can feel the electromagnetic impulses which are other people's thoughts but he never bothers to decode them.

UG is the possessor of this extraordinary energy and a person who has gone through the most extraordinary physiological mutation process ever in the world in recent times. But there is nothing apparently extraordinary about him. He is and he looks like any other ordinary human being and he behaves like an ordinary person. He states that the thought that he is different from anybody never enters his mind, and his behavior proves it. He behaves like any ordinary man of to-days times, wearing ordinary attire -- pants, shirts, sweaters -- and when in India the Indian attire -- living like any ordinary man of to-day's times --going to the grocery stores, performing chores of day to day living, watching television, socializing with friends -- living the most ordinary day to day existence. There is nothing obvious about him to betray the fact that he is the possessor of this extraordinary Energy and that he is the most extraordinary human being alive in the world to day. If he was standing next to you at the bus stop, you would never know that he is the possessor of this extraordinary Energy.

Even though he is a man who is in a state called 'Enlightenment'-- which is a state associated with spiritualism-- there is nothing "spiritual" about him in the sense with which the word 'spiritual' is associated with in the west to day. To-day in the west, the terms 'spiritual and spiritualism' conjure up images of gurus such as Rajneesh—the men with flowing robes and beard claiming to be Gods or saviors of man-kind.

UG is a thoroughly modern, secular, educated man—a man aware of everything in to-days' world and a man who is able to communicate in to-day's language. His state of enlightenment functions in the way he makes decisions and acts, in the way he treats situations, in the way he treats people, not in the way of placing his hand over somebody's head and screaming "Heal.." or materializing watches. The enlightenment is supposed to be **Perfection**. In UG's case the perfection functions and makes it self evident in day to day acts of treating people and treating situations which is what day to day life consists of, which is what the entire life consists of. UG's **perfection** functions in everything he does. But not many people recognize this **perfection**.

UG's situation is like that of an elephant and the blind men. UG is like the elephant and the people who come across him are the people with insufficient perception. People perceive and interpret his behavior according to their own ability. Most are unable to perceive all of him; most are able to only perceive parts of him and interpret them according to their sensibility—unfortunately most of the times incorrectly.

UG spends six summer months in Gstaad, Switzerland, and rest of the six months traveling between Europe, India and United States. UG travels to be able to come in contact with as many people as possible. UG is aware that he is the possessor of this extraordinary Energy and he must share himself with as many people as possible, making them aware of this Energy and in the process helping whoever comes in contact with him in whatever manner he can. Though UG flatly denies that his motive is to help anybody—I have seen every person who comes to him in good faith, benefit from his person in some way.

UG keeps his door open to anybody who wishes to see him any time of the day or night. He makes himself available to anybody anytime of the day and night, and answers any question they ask him about himself and the Enlightenment. Most people come to see him after hearing about him through friends; through the word of mouth. Unlike most individuals UG does not have two lives and two personas—one personal and one public. UG is the same in private and in public—in fact he has no private life. He has nothing to hide. Whatever he **is**, -- is all there; out in open-- for people to see all twenty-four hours of the day.

UG does not ask or accept money from anybody who comes to see him. UG is financially supported by one of his friends Mme.De Kerven. When he was going through the physiological process and was at the end of his financial resources in Switzerland, he had come across this Swiss lady Mme.Valentine de Kerven, who had offered to help and support him financially. Since that time Mme.Valentine de Kerven has supported him financially. UG has never made secret of the fact that he is financially supported by Mme.Valentine. Mme.Valentine is not rich. She is much older than UG and a retiree. She has a small amount of her pension funds invested and she and UG live on this income. They lead a very simple life.

The question may arise as to why did UG's Energy help me. I believe the supreme Energy helped me because I deserved it's help; firstly because I was in a situation in which no human being or any worldly factor could have helped me. Secondly I was deserving because I was totally innocent. And the third reason is because I believed in this supreme Energy. I had

heard about this Energy from J.Krishnamurti; I had read about it in our Indian scriptures, and I had heard about it from UG I had no proof that the people who claimed that they possessed this Energy really did possess, but I had genuinely believed in the 'possibility' of this Energy. Most people in the world do not really believe in the possibility of such Energy. I had believed in the possibility of this Energy—I had displayed faith towards this Energy and all the positive things it represented by believing in it's possibility. I believe therefore, this Energy rewarded me for my belief and faith in it.

I have written all this only to offer in some way the proof of the fact that UG is the Enlightened one. Besides personally experiencing the miracles of the extraordinary Energy he possesses, the only other proof of his Enlightenment is his behavior in day-to-day life. Since I cannot offer the experience of his Energy to anybody, all I can offer as proof is the description and example of his perfect behavior.